

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ian van der Merwe**

Has successfully participated & completed the

**Solo Steer Cowhouse Cross Duathlon 2018 #5**

held at Cowhouse Market.

**TIME 01:25:13**

**PACE 05:39/km**

**OVERALL 6 of 15**

**GENDER 5 of 8**

**40 - 49 2 of 5**

12 August 2018, Sun

Date



*BoutTime*

Signature

